

# EMERGENCY ACTION PLAN – Lindsay Thurber

**VENUE:**

**Lindsay Thurber Comprehensive High School  
(403-347-1171)**

**Venue:**

**Main Gymnasium (North & South)  
BAM Gymnasium**

**Location and Directions:**

**4204-58 Street  
Red Deer, AB**

**Ambulance Access:**

- (BAM GYM) Through front doors located off the bus lane that branches off 42a Avenue at the west end of the school.
- (MAIN GYM) Back parking lot road along the south side of the school from the bus lane. South doors facing the track and field parking lot.

**Emergency Situations:**

- Emergencies include when an athlete is not breathing, has lost consciousness, and/or may have a serious neck, back, head injury, an open fracture/significant deformity, severe bleeding etc.
- Non Emergencies include minor injuries such as small cuts, bruises, sprains, strains etc.

**Emergency Protocol:**

- Call 911
- Perform emergency first aid as needed
- Contact LTCHS staff, as they are best suited to help with ambulance access, and extra first aid supplies.
- Have someone meet and guide the ambulance

**Non-Emergency Protocol:**

- First aid kits and ice are located in each gym
- Perform first aid as needed
- Contact LTCHS staff if help is needed.

**PLEASE ENSURE THAT LTCHS STAFF ARE NOTIFIED OF ANY EMERGENCY.**

**EMS DISPATCH #:****LIFE THREATENING = 911**

Non-Life Threatening = on-site Lindsay Thurber staff  
**Tournament Chair: Daniel Grenier (4035053605)**

**Location of Phone and/or Cellular Phone #:**

Personal cell phones:

**Emergency Equipment Available:**

- Ice & bags, splints, wound care, basic first aid supplies available in each gym. Ice machine is located in the Outdoor Equipment room outside the south entrance doors to the Main Gym.
- AED1 located at front of school near office
- AED2 located near the Main Gym outside the LT Hallway doors

**Obstacles That May Interfere:**

Parked Cars, Spectators, Athletes, bleachers

**Location of Nearest Emergency Facility:**

**Red Deer Regional Hospital Centre**  
3942 50a Ave Red Deer, AB T4N 4E7  
(403)-343-4422

**Location of Nearest Medicentres:**

**Waskasoo Medical Clinic**  
4750 48 Ave, Red Deer, AB T4N 3T1 - (403)-346-2057  
**Discovery Walk-In & Medical Clinic**  
Gaetz, 3410 50 Ave #130, Red Deer, AB T4N 3Y4 – (403)-342-9444  
**Village Mall Walk In Clinic**  
6320 50 Ave #22, Red Deer, AB T4N 1R1 – (403)-314-5357



## PROCEDURE:

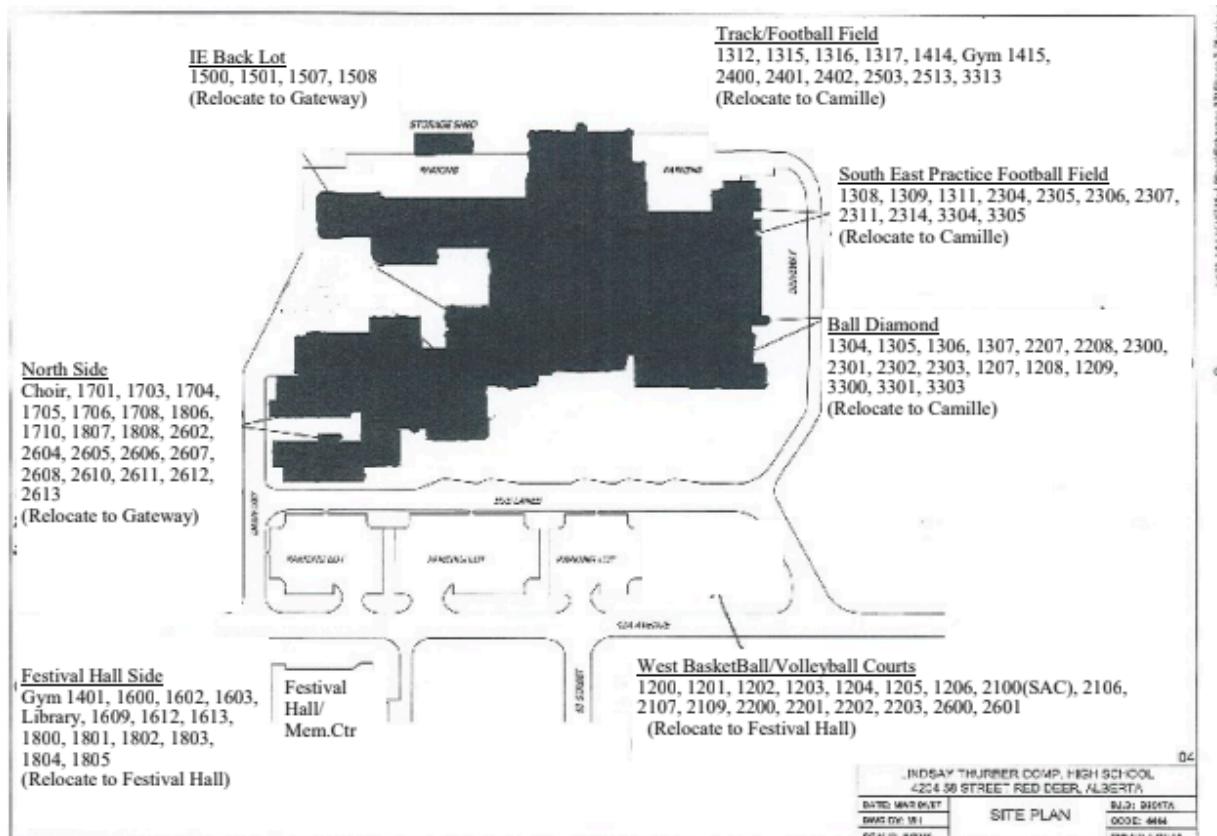
Everyone exits the building via the designated route for your area OR closest exit. Wait at muster points until an "All Clear" signal is given or further directions communicated from area

**Supervisor(s)**

-In case of inclement weather, administration or Supervisor(s) will announce an announcement to proceed to \*\*Alternate Emergency Location.

-Once outside, form an organized line or group behind the Supervisor(s) and take attendance.

-Wait outside until the ALL CLEAR message is heard or other instructions are given.



ECOLE SECONDAIRE  
**LINDSAY THURBER**  
COMPREHENSIVE HIGH SCHOOL

